



Pollington Preschool
A Place To Belong

Nappy Changing and Intimate Care

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Our key persons have a list of proposed personalised changing times for the children in their care who are in nappies or 'pull-ups'. In general, children will be changed 2 hourly according to the schedule provided in line with the home routine, or more frequently where necessary.
- Our key persons support children's emotional wellbeing by always asking the child if they would be able to change their nappy. This is usually by the child's key person however, we always follow the child's lead and acknowledge their wishes to be changed by other practitioners either verbally or through actions/body language.
- Babies and young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Parents and visitors will be asked to wait in the entrance hall until a time where it is appropriate for them to enter the room, after a child has been changed.
- Our changing area is warm, with a safe area to lay children. There are mobiles and other objects of interest to take the child's attention.

- Each child is usually asked to bring their nappies and wipes on a daily basis however, each child can have their own basket with their nappies or pull ups and changing wipes if required.
- Our staff put on gloves and aprons before changing starts and the areas are prepared. All our staff are familiar with our hygiene procedures and carry these out when changing nappies. Paper towel is put down on the changing mat freshly for each child. Gloves are not always required for a wet nappy where there is no risk of infection, however, gloves are always available for those staff who choose to wear them. Gloves are always work for a 'solid' nappy.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat. Due to manual handling guidelines, it is not always possible to use the changing station when changing a nappy, in these instances the mat will be placed on the floor and the same procedures followed as laid out within this policy.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We use songs and rhymes to support nappy changing times.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.
- An intimate care record form is updated every time a child requires a change of clothing and a change of nappy. Any application of barrier cream is noted down on this record form, along with the length of time taken to change the child and the practitioner's initials.

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| This policy was adopted by | Pollington-Balne Preschool | <i>(name of provider)</i> |
| On | _____ | <i>(date)</i> |
| Date to be reviewed | _____ | <i>(date)</i> |
| Signed on behalf of the provider | _____ | |
| Name of signatory | _____ | |
| Role of signatory (e.g. chair, director or owner) | _____ | |